General Rules

PHOTOGRAPHY & VIDEO RECORDING IS STRICTLY PROHIBITED. Failure to abide by this rule can result in Disqualification for the studio. If anyone is found photographing or video recording in the competition auditorium, we reserve the right to delete the video footage. Teachers... It is your responsibility to inform your contestants and parents of this rule.

No smoking is permitted in any of our venues.

If a dancer would like to compete at an event with two separate studios, that dancer must have written permission from BOTH studios prior to the event.

No dancer may compete as an independent entry if their studio is registered.

Only Intermediate and Advanced Divisions may wear pointe shoes.

By entering your email address, you hereby agree to join the i am DANCE mailing list.

Positive sportsmanlike behavior is expected from all contestants, teachers and families at all times. Failure to display proper decorum could result in immediate disqualification. This includes attempting to recruit students from other studios to attend yours at one of our events.

i am DANCE and the hosting venue is not responsible for personal injury or property loss.

Please note that every venue is unique and has its own set of rules concerning outside food & beverage, use of helium balloons, etc.

Glass of any kind including but not limited to props, costuming, accessories, ect., are not permitted backstage or on stage at any i am DANCE event.