

Performance Categories

Ballet – A routine consisting of classical steps & ballet technique traditionally used with classical music.

Note: Only Intermediate and Advanced Divisions may wear pointe shoes.

Contemporary – A style of “new” interpretive dance that embraces innovation, blending techniques from various genres, including but not limited to, ballet, jazz, modern.

Modern – A routine containing a modern technique such as Horton, Graham, Ailey, Tharp style of dance.

Lyrical – A style of dance that combines ballet and jazz techniques. Expression of lyrics, storytelling is highlighted with emotion inspired by the music.

Jazz – A style of dance that combines both African and European dance styles. Traditionally high energy and up-beat tempo.

Tap – A routine utilizing tap technique and must be performed with tap shoes only.

Hip Hop – A range of street dance styles primarily performed to hip hop music or that have evolved as part of hip hop culture.

Musical Theater – A routine that inhabits the intersection between choreography and written text, whether dialogue or sung lyric seen on TV/Film/Stage.

Open – A routine that is a combination of any of the other categories; a routine that does not exactly fit any of the definitions of any other category. (No Vocals permitted)

Acro Dance – A style that combines elements of acrobatics and floor gymnastics with classical dance styles.